

An unsuccessful interview /

If you are unsuccessful in the recruitment process, don't take it personally and don't dwell on it. The best thing to do is to send another application out straight away to keep the ball rolling with the help of your SF Group consultant.

However, depending on which stage of the process you were rejected, you should address:

- Your CV – Was it tailored to the specific job? Is the format correct? Your SF Group consultant can offer advice on your CV at any time.
- Your interview techniques – Did you do enough preparation? Were there particular questions on which you struggled?

The important thing is not to become too disheartened, but treat it as a learning curve. Make sure that you get as much feedback as possible from the client to understand where you may have gone wrong. Of course, your SF Group consultant will always endeavour to obtain as much client feedback for you as possible.

Always try to remain optimistic and focused on your career search, as throughout the process your interview skills and techniques will only get better!